

# Minutes for the Meeting Held November 5, 2016

## **C.W.P.A.S.C.N.A.**

**Central Western Pennsylvania Service Committee of Narcotics Anonymous**

**P.O. Box 1281 Meadville, PA. 16335**

**www.cwpascna.com**

Agenda for the meeting **December 3, 2016** at 10:00am: Presbyterian Church; 890 Liberty Street  
Meadville, PA.

- New GSR Orientation at 9:30am.
- Meeting will open with The Serenity Prayer
- Twelve Traditions will be read, (To understand our Primary Purpose)
- Concepts will be read, (To remind is why we are here today)
- Basket will be passed ( To help support our area sustain its functionality)
- Welcome New Members, New Meetings, and Visitors
- Roll Call of
  - Trusted Servants
  - Subcommittee Chairs
  - GSR's
- Amendments/Acceptance of Minutes
- Any elections of trusted servants and subcommittee chairs
- Trusted servant and subcommittee reports
- Sharing Session
- Break
- Old business
- New business
- Group reports
- Anything for the good of the order?
- Motion to close

### **Roll Call of Trusted Servants/ Subcommittee Chairs/GSR's**

<b>AREA TRUSTED SERVANTS</b>		<b>AREA SUBCOMMITTEE CHAIRS</b>	
Area Chair	Katrina V.	Public Information Chair	Vacant
Area Vice Chair	Eric K.	Outreach Chair	Vacant
Secretary	Lorrie S.	H&I Chair	Vacant
Treasurer Ad-Hoc	Bob L.	Audit Chair	Vacant
Regional Committee Member (RCM)	Kristy P.	Literature Chair	Hannah T.
Alternate RCM	Vacant	Literature Vice Chair	Vacant
		Activities Chair	LuAnn L.
		12 Step Unity Weekend Chair	Vacant
		BOD Rep.	Vacant
		Convention Rep.	Vacant

### **The following Trusted Servants were absent on November 5, 2016**

- None

### **The following Subcommittee Chairs were absent**

- None

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## **Roll Call of Area Groups/ Meetings**

V=Voting H=Here/No Vote A=Absent (1,2,3)=Consecutive Meetings Missed

<b>PRESENT MEETINGS</b>	<b>NON ATTENDANCE</b>
Sunday Just for Today <b>V</b>	Sunday Night Get It Right
Monday Come and Get It <b>A-1</b>	Monday You Are Not Alone (Y.A.N.A.)
Monday Desire to Recover <b>V</b>	Wednesday United Freedom
Monday Night Miracles <b>V</b>	Wednesday We Care
Tuesday Clean and Serene <b>V</b>	Wednesday Recovery Through Fellowship
Tuesday Cochran Cares <b>V</b>	Friday New Beginnings
Wednesday HOW Now Family Group <b>V</b>	Saturday Celebrating Recovery
Wednesday Living Clean <b>A-1</b>	Saturday New Visions
Thursday New Freedom <b>A-2</b>	
Friday Recovery First <b>V</b>	
Saturday 12 & 12 <b>V</b>	

### **Minutes of the meeting held on November 5, 2016**

Meeting opened with the Serenity Prayer at 10:07 am by Katrina V, ASC Chair. The 12 Traditions were read by Trinity W. and 12 Concepts were read by John H. The minutes were accepted.

#### **The following new groups/ GSR's were welcomed**

Nick M., Cochran Cares, Brandon B., HOW Now, Patty S. Visitor

#### **Election of Trusted Servants/Subcommittee Chairs**

None

#### **Trusted Servants/ Subcommittee Chair Reports**

#### **Area Chair Report**

No Report

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## Area Vice Chair

Attended the H&I meeting. That committee is doing well. Also working at getting the 12 Step Unity Weekend Committee formed. It's coming together.

## Treasurer's Report

### CWPASCNA

#### Treasurer's Report

Presented at meeting December 3, 2016

<b>Opening Checkbook Balance</b>			\$ 628.11
		<b>Income</b>	
<b>Literature Orders</b>		\$ 233.93	
<b>Donations</b>		\$ 172.79	
	<b>Total Deposit</b>		<u>\$ 406.72</u>
<b>Interim Balance</b>			\$ 1,034.83
		<b>Expenses</b>	
<b>Check #</b>	2369	NAWS	\$ 426.38
	2370	Hagan	\$ 74.72
	2371	First Presbyterian Church	\$ 35.00
		Service Charge	\$ 3.00
		<b>Total Expenses</b>	<u>\$ 539.10</u>
<b>Closing Checkbook Balance</b>			\$ 495.73

### **Prudent Reserve Status Report**

<b>Lit Order/Amt Needed to Restore Escrow</b>	\$ 233.93
<b>H &amp; I Lit Order</b>	<u>\$ 84.20</u>
<b>Available Funds After Excrow Restore</b>	\$ 177.60

	<b>Required</b>	<b>Actual</b>
<b>Operating Expenses</b>	\$ 300.00	\$ 100.00
<b>Activities Reserve</b>	<u>\$ 400.00</u>	<u>\$ 77.60</u>
<b>Totals</b>	\$ 700.00	\$ 177.60

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**Amount Below Prudent Reserve**

\$ (522.40)

Concerning the Treasurer's report, the ASC Chair has commented that we are way below prudent reserve. This is a major issue!! We much find a way to cut costs, right away!

## **Secretary's report**

None

## **RCM's report**

- ❖ I apologize for being absent for the October 1<sup>st</sup> AREA meeting. I was home sick.
- ❖ I attended the Tri-State Region RCM meetings held Saturday, August 13<sup>th</sup> and Saturday, October 8<sup>th</sup>, 10:00 AM, at the TSRSCNA office in Homestead, PA.
- ❖ The next meeting is scheduled for Saturday, December 10<sup>th</sup>, 10:00 AM. If anyone interested in the open RCM Alternate position and would like to join me, let me know. CWPASCNA requires 2 years suggested clean time for this position. If you are interested in the RCM position next Spring, 3 years clean time is required by CWPASCNA and Region. I would be happy to answer any questions.
- ❖ At the October 8<sup>th</sup> meeting, I did leave copies of our CWPASCNA Halloween dance flyers on the flyer table in the front Region office for people to see and pick up. I am not sure how many came from doing so because there were several Halloween parties on the same night, including the Tri-State Region's Start to Live 34 Halloween dance.
- ❖ For future reference, we are allowed to leave copies of flyers for events in the Tri-State Region office. There is a copy machine right there to use for free as long as it is NA related and will be passed out at the Region office.
- ❖ Tri-State Region Start to Live 34 Convention is this coming weekend, November 10<sup>th</sup>-13<sup>th</sup>, at the Bayfront Convention Center in Erie. Registration is \$25. Children 16 and under are \$10 each. There are extra costs for food and the comedy show. There will be many speakers and workshops all weekend. If you come Thursday evening, there will be an awesome band, where admission to the show is FREE! Anyone interested can attend a PI workshop or Helpline workshop, They are scheduled for Saturday, November 12<sup>th</sup> at 12:30 PM. 3 hotels are sold out. They are filling up a fourth, so we are expecting huge attendance, but there is plenty of room for everyone. Also, there have been arrangements made for plenty of smoking access for smokers. Every year each area is given a package of hope. This year's package includes 10 vouchers for free registration at the event for newcomers who cannot afford registration but would like to attend the event. I have them on hand today. I apologize I could not get these to you earlier. We were just given them at the October 8<sup>th</sup> meeting. This year, the Start to Live committee made

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sure there will be more than enough merchandise on hand to sell, so they will not run out before the event is over. If you look to purchase items, come early for best selection. I will be attending. Please let me know if you have any questions. More information can be found on [starttolive.org](http://starttolive.org).

- ❖ Trusted servants were voted in, 2017 Spiritual Retreat Chair: John R. from South Hills, 1 BOD At Large: Christina B. from East End.
- ❖ Our new Regional H & I Chair has redeemed himself and is back in action. He has fulfilled his required duties. All H&I region meetings are back on track.
- ❖ H&I Behind the Walls representatives will be visiting all AREA meetings to talk for a few minutes about the program. They are dropping in randomly, so I do not know for sure when they will be visiting us. Outreach for Behind the Walls will also be at the Start to Live 34 Convention on Friday, November 11<sup>th</sup>. We are in dire need of sponsors to write to people in jails. You can volunteer if you have 1 year clean. You will sponsor anonymously and for only the time they are incarcerated.
- ❖ East Coast Convention Basic Texts have not been received as of the October 8<sup>th</sup> meeting to be passed out. Most jails need to receive books from publishers, so local NA AREAS's H&I subcommittees will not receive them to pass out directly. I gave our AREA's info for the Crawford County Correctional Facility to the Region H&I chair to make sure it is on the list for distribution. Hopefully we will be expecting books to start being sent out this month (November).
- ❖ I have Tri-State Region meeting minutes' copies on the table to pick up for your home groups.
- ❖ Open Tri-State Region Trusted Servant positions: Regional Delegate Alternate, Treasurer, Vice Treasurer, P&A Chair, P&A Vice Chair, Outreach Chair, PR Chair, PR Vice Chair, Additional Needs Chair, Web Chair, BOD (4) At Large Positions
- ❖ Event flyers are also available to make copies of for your home groups.
- ❖ The 2017 Tri-State Region Spiritual Retreat is planning their event. They are looking for a logo for their event merchandise. If you are interested in designing a logo for submission, I will need it before I go to the December 10<sup>th</sup> meeting. Please email all submission to me at [kristylphillips@gmail.com](mailto:kristylphillips@gmail.com). If you need to hand it in in person, I can meet you to pick it up.
- ❖ Tri-Area Convention 2 is scheduled for June 2<sup>nd</sup>-4<sup>th</sup>, 2017. They are looking for help and there are tons of info on the table for your home groups. See me if you have any questions.
- ❖ All new CWPASNA meeting updates have been submitted to the PR committee. They will be updated on the website soon.
- ❖ I received an email from the Region PR Committee requesting all area PI/PR chair's name, phone number, and email address sent to them at [dgs121947@gmail.com](mailto:dgs121947@gmail.com). They are compiling a list of contacts to make sure all AREAS' PI/PR subcommittees are kept in the loop with Region.
- ❖ I received a letter from the Stone United Methodist Church, stating that the PI Subcommittee is now required to pay a building use fee of \$25 per month. If we are no longer holding meetings there, some is required to contact the church. Please see me for the letter.
- ❖ 5 Motions tabled:
  1. (by the P&A Committee) Any Region Subcommittee email addresses will use GoDaddy email [@tsrscna.org](mailto:@tsrscna.org) to remain accountable to Region.
  2. (by the P&A Committee) All merchandise remaining at the end of both Start to Live and Spiritual Retreat events must be returned to the BOD to stay accountable with inventory of merchandise.

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3. (by the Start to Live Committee) To amend Start to Live policy amendment dated February 2015 as follows: to change it from “all bids for any events (i.e. Start to Live, Spiritual Retreat) weekend must be received by the negotiating team 90 days prior to the event...” change from 90 days to 60 days to give both the convention committee and the negotiating team adequate time to solicit and review bids.
  4. (by the Start to Live Committee) To amend Start to Live miscellaneous policies B, item 1, as follows: “to change it from “any activity, new or unused for 2 previous years, must be presented through the RSC for approval” -change 2 years to 4 years- to allow for variety in convention activities.
  5. (by the Start to Live Committee) To adopt new descriptions for the Arts-Graphics committee and positions, changing the name to Graphics-Technology to accurately reflect the responsibilities as they have evolved over the past decade.
- ❖ **Reminder: If your subcommittee would like to have event flyers posted on the TSRSNA website, please email them to webchair@tsrsna.org.**
  - ❖ Please see me if you have any concerns or questions that you would like me to take to the next meeting.

Yours in service,

Kristy P.

### **H&I Report**

The subcommittee met November 4<sup>th</sup> at 6:30. All meetings in facilities currently being served have been met for the past month with the exception of one jail meeting. GSR's this is where I will ask you again to please talk about the jail applications and let people know Katrina has applications with her always. We need volunteers and you are your home group's voice. Freedom Center direction has again changed hands. Dennis is now at the male side of Turning Point and Corry is the new director at Freedom Center. I got a call back from Corry Friday Nov. 4<sup>th</sup>, she wanted to reassure us that they were still interested in bringing NA meetings into the facility, but at the current point in time, she had no idea who she was supposed to contact to say when or okay. She hopes to get ahold of me next week with more information. Our volunteer appreciation day went wonderfully. We managed to add some new names to the list, and the weather was gorgeous. Thank you to all who showed up and participated! Thanks for letting me serve, Hannah

### **12 Step Unity Weekend Chair Report**

Vacant

### **Literature Chair Report**

Guiding Principles is here!! We have a few copies on hand, but they might go quick. I didn't order extra because, well, it's not my money. So worst case scenario, you might have to wait a couple weeks for your copy. It's worth it, this book is good, I peeked! We have updated order forms with the new text in the book section. Back orders have been filled. We will most likely need tri-state meeting lists by next area so I'd like to request 100 more meeting lists. Thanks for letting me serve. Hannah

### **Activities Chair**

October 8<sup>th</sup> we had game night. 17 addicts attended. Everyone had a great time! October 15 we had a bonfire / mountain pie cook-off at Mike and Lorrie's. We had such a good time! I think the Rueben

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mountain pies won, however John won the most unusual mountain pies consumed by a human. October 22 was the 2<sup>nd</sup> annual Halloween Dance. What a super Time!! Music was terrific this year and the costumes were a hit!! There were two tables decorated by home groups. Everyone had a good time. The only thing that should have been done differently was to watch the door more closely. In my opinion, there were more people there than money collected. There were approximately 30 people there and we collected \$70.00 which \$ 40.00 was donated by 2 separate addicts.

## PI Chair

None

## Audit

Lorrie S. and Trinity W. audited the Family Free Picnic, and it came out perfect! Hannah E. and Patty S. Volunteered to audit the Halloween Party.

## P.O. Box Keys

**ASC Chair – Katrina V.**

**Secretary – Lorrie S.**

**Break-** 11:25am - 11:35am

Meeting reopened with the Serenity Prayer.

## Sharing Session-

Start- 11:37am

- ❖ An addict wanted to remind the body that there are laminated flyers for the Activities Committee to be written on with Sharpies. They can be cleaned off with alcohol and reused.
- ❖ And addict was suggesting that home groups be responsible for their own printing of flyers and minutes. That would defray costs of the ASC. Different comments were made about this in agreement. Others suggested going to the website and printing flyers off there. We pay for the website; we should utilize it!! Again...www.cwpascna.com....!!
- ❖ It would be great, said an addict, if newer home group members were taught about the responsibilities of being a home group member, and how important service is. Monday Miracles has the topic of "Service" on the 5<sup>th</sup> Monday of the month.
- ❖ It was brought to the assistant web servants attention to leave off the attendance part of the minutes when putting them on the website because of anonymity.
- ❖ Sponsorship is where service should be taught.

Sharing Session closed 12:04pm

## Old Business

None

## New Business

None

**Group Reports:** Were not read

## **Anything for the good of the order?**

The meeting was closed at 12:11pm with the "Ties that Bind"

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Thank you for the opportunity to serve!  
Lorrie S.

## ASC ATTENDANCE

Name	Group/Position
Katrina V.	ASC Chair
Mike M.	Sec. Monday Desire to Recover
Lesa B.	GSR Monday Miracles
Robert L.	Ad Hoc Treasurer
Eric K.	ASC Vice Chair
LuAnn L.	Activities Chair
John H.	Assistant Web Servant
Kristy P.	RCM
Matt P.	GSR Sunday Just for Today
Mark H.	visitor
Lorrie S.	ASC Secretary
Chris P.	GSR Recovery First
Nick Mc.	Rep Cochranon Cares
Patty S.	visitor
Trinity W.	GSR Tuesday Clean and Serene
Brandon B.	HOW Now Rep
Hannah T.	Lit Chair