

Central Western Pennsylvania Service Committee  
 of Narcotics Anonymous  
 PO Box 1281, Meadville, PA 16335  
[www.cwpascna.com](http://www.cwpascna.com)



## CWPASCNA Area Service Committee Meeting Minutes Saturday, March 4<sup>th</sup>, 2017

- ⊙ New GSR Orientation at 9:30am.
- ⊙ Meeting will open with The Serenity Prayer
- ⊙ Twelve Traditions
- ⊙ Concepts
- ⊙ Basket will be passed (Seventh Tradition)
- ⊙ Welcome New Members, New Meetings, and Visitors
- ⊙ Roll Call of
- ⊙ Trusted Servants
- ⊙ Subcommittee Chairs
- ⊙ GSR's
- ⊙ Amendments/Acceptance of Minutes
- ⊙ Any elections of trusted servants and subcommittee chairs
- ⊙ Trusted servant and subcommittee reports
- ⊙ Sharing Session
- ⊙ Break
- ⊙ Old business
- ⊙ New business
- ⊙ Group reports
- ⊙ Good of the Order
- ⊙ Motion to close

Roll Call of Trusted Servants   Subcommittee Chairs   GSR's					
Area Trusted Servants			Area Subcommittee Chairs		
Position	Roll	Servants	Position	Roll	Chairs
Area Chair	P	Katrina V.	Public Information Chair	X	Vacant
Area Vice Chair	P	Eric K.	Outreach Chair	X	Vacant
Secretary	P	Lorrie S.	H&I Chair	X	Vacant
Treasurer (Ad Hoc)	A	Bob L.	Audit Chair	X	Vacant
Regional Committee Member (RCM)	P	Kristy P.	Literature Chair	P	Hannah T.
Alternate RCM	X	Vacant	Literature Vice Chair	X	Vacant
			Activities Chair	P	Luann L.
			12-Step Unity Weekend Chair	X	Vacant
			BOD Representative	X	Vacant
			Convention Representative	X	Vacant

<b>Roll Call of Area Homegroups</b>		
<b>V   Voting H   Here/No Vote A   Absent 1,2,3   Consecutive Meetings Missed</b>		
<b>Present Meetings</b>	<b>Roll</b>	<b>Non-Attendance</b>
Sunday Just For Today	V	Monday You Are Not Alone (Y.A.N.A.)
Sunday Night Get It Right	V	Wednesday We Care
Monday Come and Get It	V	Wednesday Recovery Through Fellowship
Monday Desire to Recover	V	Wednesday HOW Now Family Group
Monday Night Miracles	V	Thursday New Freedom
Tuesday Clean and Serene	V	Friday New Beginnings
Tuesday Cochranon Cares	V	Saturday New Visions
Wednesday Living Clean	A-1	
Wednesday United Freedom	V	
Friday Recovery First	V	
Saturday Celebrating Recovery	V	
Saturday 12&12	V	

### ***Opening***

The CWPASCNA Area Service Committee met at 1<sup>st</sup> Presbyterian Church at 10a on Saturday, March 4<sup>th</sup>, 2017. Meeting opened with the Serenity Prayer at 10:06a by Katrina V, ASC Chair.

<b>Readings and Minutes</b>	
12 Traditions	Brenda M.
12 Concepts	Mark H.
Minutes	Accepted

### ***New Groups / GSR's Welcomed***

Jacque S., GSR, Saturday Celebrate Recovery; Chris N., GSR, Saturday Just for Today; Tai D., Alternate GSR, Just for Today; Heather R., Visitor, Wednesday United Freedom; Tony V., GSR, Saturday 12&12; Justin H., GSR, Monday Come & Get It; Charlie H., GSR, Sunday Get It Right. Welcome to all the new GSR's!

### ***Election of Trusted Servants/Subcommittee Chairs***

#### **Motion 1 | Motion by Ryan A., GSR, Cochranon Cares; Seconded by Jared C., Cochranon Cares**

Troy S. is nominated to serve as CWPASCNA Area Service Committee Vice Chair

The Motion carried with a unanimous tally of 12-0-0

#### **Motion 2 | Motion by Hannah T., Homegroup Member, Saturday 12&12; Seconded by Tony V., GSR, Sat. 12&12**

John H. is nominated to serve as CWPASCNA Area Service Committee Secretary

The Motion carried with a unanimous tally of 12-0-0

*\*Note: this motion and vote occurred at the start of the sharing session*

Troy S. was unanimously elected Vice Chair of CWPASCNA Area Service Committee, and John H. was unanimously elected Secretary of CWPASCNA Area Service Committee.

**Trusted Servants Reports**

**Area Chair Report**

Katrina V. | CWPASCNA Area Service Committee Chair

See Closing Statement

**Area Vice Chair Report**

Eric K. | CWPASCNA Area Service Committee Vice Chair

None

**Area Treasurer's Report**

Bob L. | CWPASCNA Area Service Committee Treasurer (Ad-Hoc), Report compiled by Lorrie S.

**CWPASCNA  
 Treasurer's Report  
 Presented at Meeting April 1, 2017**

<b>Opening Checkbook Balance</b>		\$ 710.73
<b>Income</b>		
<b>Literature Orders</b>	\$ 255.57	
<b>Donations</b>	\$ 147.93	
<b>Total Deposit</b>		<u>\$ 403.50</u>
<b>Interim Balance</b>		\$ 1,114.23
<b>Expenses</b>		
<b>Check #</b>		
2379 First Presbyterian Church	\$ 35.00	
2380 Hagan's	\$ 62.01	
2381 NAWS	\$ 280.47	
Service Charge	\$ 3.00	
<b>Total Expenses</b>		<u>\$ 380.48</u>
<b>Closing Checkbook Balance</b>		\$ 733.75

**Prudent Reserve Status Report**

Lit Order/Amt Needed to Restore Escrow		\$ 255.57
H & I Lit Order		<u>\$ 6.19</u>
Available Funds After Escrow Restore		\$ 471.99

	Required	Actual
Operating Expenses	\$ 300.00	\$ 300.00
Activities Reserve	<u>\$ 400.00</u>	<u>\$ 171.99</u>
<b>Totals</b>	<b>\$ 700.00</b>	<b>\$ 471.99</b>

**Amount Below Prudent Reserve** \$ (228.01)

## **Subcommittee Chair Reports**

### **Activities Committee**

**Luann L. | Chair**

The 2<sup>nd</sup> Annual Chili Cook-off / Super Bowl Party was held February 5<sup>th</sup>, 2017. There were two (2) pots of chili to choose from, both were winners and delicious!! Learning Day was February 18<sup>th</sup>, 2017 at Cornerstone Church of God.. We had a lot of new faces! Each Committee got up and explained about their committee and position. We broke for lunch and finished up with T-Shirt Sales. We passed the basket and collected \$26.00, half went to the church and half is being donated to Area today. It was a lot of fun! Game Night was February 25<sup>th</sup>, 2017. I couldn't attend but my wonderful committee was there and all ran smoothly. The night got off to a slow start but there were eight (8) fun loving addicts in attendance, 2 being newcomers. They all played Taboo and had a great time. Game Night should continue monthly because it's always a blast! Our away meeting was to Cochranon this month, 5 addicts attended. The next away meeting is to Oil City, meet at McDonald's at 4:45p, leave at 5p for the 6p meeting.

The next activities committee meeting is March 10<sup>th</sup>, 2017.

### **Literature Chair Report**

**Hannah T. | Literature Chair**

We have new order forms again, please make sure your group gets a new one. There are a few small changes, some things have been removed and there's a new pamphlet located in the Service Products sections call NA & Person's Receiving Medication Assisted Treatment. The cost is \$0.30 and the order number is #2306. All backorders have been filled. As always please give me your lit order forms & give your check or money order to the Treasurer. Thanks for letting me serve!

### **Hospitals & Institutions**

**Hannah T. | Vice Chair**

The H&I Subcommittee met Friday, March 3<sup>rd</sup>, 2017. The meetings held in Turning Point and Stepping Stones have all been met. The men's side of the jail missed one (1) meeting.

We had a workshop at Learning Day that went really well, we got a lot of new volunteers, but we lost a lot of volunteers as well. Nine (9) of the people who's workshops expired in February didn't show up, including two (2) of the men approved for the jail. As a reminder an H&I Workshop is good for one (1) year! Is yours expired or nearing expiration!?

Please make sure you are announcing we need volunteers for the jail and to see Katrina for an application.

We missed a meeting at Freedom Center in February due to human error. January had five (5) Sundays and that threw everything off. The facility was contacted and they totally understood. Now we will be going there when there is a fifth (5<sup>th</sup>) Sunday as well.

Holly from the jail was contacted regarding seating arrangements during jail meetings and we are supposed to be sitting closest to the door. Thanks for letting me serve!

### **Public Information**

**John H. | Trusted Web Servant**

The PI Informational Packets for local businesses are nearly completely distributed. Eric K. and John H. passed out several in early February. John H. and newcomer Chris (Spudz) W. passed out more at the end of the month. The only issue was the Meadville Area Senior High School. They said that the information had to be passed through the Superintendent. John H. and Chris (Spudz) W. went to the Crawford County School District office, and left the CWPASCNA Informational Packet to do with as they see fit. There about 5 left, they will be passed out by next area. The reception was overall very positive, looking forward to hearing from some of these businesses to spread our message. There will be a sign-up form placed on the website to create a distribution list for the CWPASCNA Meeting List revisions. There are no other Public Information Subcommittee activities to announce at this time.

### **CWPASCNA Region Committee Member (RCM) Report**

**Kristy M. | Region Committee Member**

- ❖ I attended the Tri-State Region service committee meeting 10:00 AM Saturday, February 18<sup>th</sup>, at the Homestead, PA office.

- ❖ The Region PR Subcommittee, currently handling the Tri-State Region meeting lists, checked in with me to make sure all meetings on CWPASCNA's meeting list have been updated with the Region website database. I have confirmed all needed info.
- ❖ A new list of CWPASCNA trusted servant contacts is requested to be filled out and turned in to Region, so they can keep us updated and communicate with us. I have the list to be filled out. This list can be emailed. I have a contact to give to the person handling this.
- ❖ CWPASCNA has a balance due of \$96.91 on our account with the Tri-State Region Service Office. We have a \$1,000 credit with them. I checked in with the chair of the Board of Directors regarding the fact that our area is not receiving invoices. They will get this taken care of.
- ❖ I have also checked in with our Region Service Committee Vice Chair, who acted as adhoc treasurer for the February 18<sup>th</sup> meeting, to see if any donations were sent to Region from CWPASCNA. There were no recent donations on record.
- ❖ Rich M. was voted in Region PR Subcommittee Chair. Nathan W. was voted in as a BOD At Large Subcommittee member. I was voted in P&A Subcommittee Vice Chair. Thank you for your nomination.
- ❖ The Tri-State Region Delegate, our "GSR" between Region and NA World Services, has been removed due to not attending required meetings. That position is now open.
- ❖ Other open positions at the Tri-State Region service committee include Regional Delegate Alternate, Treasurer, Vice Treasurer, P&A Chair, Outreach Chair, PR Vice Chair, Additional Needs Chair, Web Chair, Web Vice Chair, and 2 BOD At Large positions.
- ❖ The PR Chair announced the release of a new IP called *Narcotics Anonymous and Persons Receiving Medication-Assisted Treatment* that is now available to purchase for PI/PR Subcommittees and area home groups. I am passing around a printed version for your review. Please order through our Lit Chair.
- ❖ The Outreach Subcommittee is continuing to visit areas to discuss the sponsorship Behind the Walls program. They have a long list of women to cover the sponsorship in the jails and prisons at this time. Currently there is a huge need for men to participate. If interested, please email Rochell at rjackson122@comcast.com, or Cindi at jft12497@yahoo.com.
- ❖ The Start to Live 35 and Tri-State Regional Spiritual Retreat subcommittees are well on their way in planning for their events. They have several fundraiser events scheduled. Please see the Tri-State Region website for more information. A couple of flyers are available to pick up at the table for you today. There are vacant positions on these subcommittees if you are interested.
- ❖ I want to encourage the 12 Step Unity Weekend to post an event flyer to the Tri-State Region website events page to inform and invite addicts in other areas to attend the event. To post event flyers, please email with flyer attached to webchair@tsrscna.org.
- ❖ I also want to encourage all subcommittees to send a representative each month to the subcommittee meetings at the Tri-State Region office. Please give our area a voice and a vote. At these Region subcommittee meetings, we can receive support and valuable information for our area subcommittees. The meetings are scheduled as follows:
  - Tri-State Region Service Office Board of Directors (BOD)  
3rd Sunday each month 10:00AM
  - Public Relations Subcommittee (PR)  
4th Saturday each month 12:00PM
  - Hospitals and Institutions Subcommittee (H&I)  
4th Saturday each month 12:00PM
  - Outreach Subcommittee  
3rd Saturday each month 10:30AM
  - Additional Needs Subcommittee  
1st Saturday each month 12:00PM
  - Website Subcommittee  
4th Saturday each month 11:00AM
- ❖ An issue was brought up during the sharing session at the Region Service Committee meeting that an addict in our area, specifically Oil City, started a GoFundMe account with a group of other addicts to raise money for children in need in their area. They used the NA name as well as the AA name. While their intentions are good, they have violated Tradition 5 (Each

group has but one primary purpose—to carry the message to the addict who still suffers.), Tradition 7 (Every NA group ought to be fully self-supporting, declining outside contributions.), and Tradition 10 (Narcotics Anonymous has no opinion on outside issues; hence the NA name ought never be drawn into public controversy.). Emails and phone calls have been exchanged with this addict with members of the Tri-State Region service committee. This person has been informed about tradition violations, but has continued with the project anyway. Please remind members of your home groups that using the NA name inappropriately will send a negative message about NA, breaking our traditions and not serving NA's primary purpose, no matter how genuine the intentions. This issue should have been brought to the attention of our area, but was not. Please note that this addict in question was asked if their area was contacted. This addict chose to say they had full support of a sponsor and their service area, which of course is not true. I have a copy of said exchanged emails.

❖ Please take this information to your home group conscious:

Motions on the table to be voted on by RCMs at next meeting:

1. To direct the BOD to get a credit card in the amount of \$2,000 for the Regional Delegate and Regional Delegate Alternate to travel. The credit card will fall under the guidelines. The Region will reimburse the BOD for any money used. The intent is to improve reliability with electronic verification and to provide the RD with the resources necessary to complete their duties as per Concept 3. (Initiated by P&A)
2. To replace section 1413 Financial Contracts as follows: In the event that monetary discrepancies are found with any TSRSCNA or TRSO accounts in (1) consecutive years (2) discrepancies totaling more than \$6,000. Any theft of NA funds will be dealt with as per policy. Any group or area shall have the option to request to move upon a procedures audit of the accounts in question to be conducted by a qualified CPA not previously responsible for any prior review of TSRSCNA or TRSO accounts. The intent is to provide financial accountability. (Initiated by P&A)

3. Policy Change for Behind the Walls:  
(Current policy)

Who is eligible to sponsor-

Any addict with working knowledge of the 12 steps is eligible to sponsor. It is preferred that the sponsor has worked all 12 steps through at least once.

Change language in policy to...

Any addict with 1 year clean and the knowledge of the 12 steps is eligible to sponsor. (Intent is to add clean time to this policy- Initiated by Outreach Subcommittee)

4. Policy Change for Behind the Walls:  
(Current policy)

It is a group conscious decision that men sponsor men and women sponsor women. If a request is made for sponsorship outside of these guidelines, it would be a group conscious decision whether or not the request is granted.

Change language in policy to...

It is a group conscious decision that men sponsor men and women sponsor women. If a request is made for sponsorship outside of these guidelines, it would be a group conscious decision and that the sponsor will have 5+ years clean, worked a 4<sup>th</sup> step, and has talked to their sponsor. (Initiated by Outreach Subcommittee)

- ❖ The next meeting is scheduled for Saturday, April 8<sup>th</sup>, 10:00 AM. CWPASCNA requires 2 years suggested clean time for the RCM Alternate position. If you are interested in the RCM position, 3 years clean time is required by CWPASCNA and Region. I would be happy to answer any questions today. This past February RCM meeting was my last to serve for my year term for CWPASCNA. It is an awesome position to serve, and I encourage anyone with the clean time requirements that can make travel arrangements to please inquire.
- ❖ This is my last meeting serving CWPASCNA. I am forever grateful for the opportunity and growth in recovery that CWPASCNA has offered me. Thank you all for your support in my recovery. Thank you for letting me serve the past 4 years for this area. I will be continuing my recovery journey in Lawrence County area and will be serving as P&A Vice Chair for the Tri-State Region service committee. Thank you everyone for being there for me. This area means a lot to me and will forever be close to my heart.

## ***Sharing Session***

- Jeff A. announced the Monday Night Miracles | 29<sup>th</sup> Anniversary Meeting on March 6<sup>th</sup>, 2017. It will start at 5:45p at Stone Church. There will be pizza, fellowship, and a speaker.
- Michael G. mentioned some issues with following the traditions relating to announcements at meetings. There are elements of the fellowship carrying the message to the local hospital, without approval from the area H&I Committee. While carrying the message is welcome, any H&I commitments in our Area must be run through the H&I Committee of CWPASCNA's Area Service Committee. This is to insure accountability and that the program and it's message is accurately represented. It was reinforced that the traditions are there for a reason, we need to speak up and make sure we act in accordance with our traditions whenever they are being violated.
- Chris N. mentioned Stepping Stones is avoiding NA meetings because of contraband being distributed to them at our meetings. If you see something, SAY SOMETHING!
- Kristy M. offered a compliment from others Area's on our Area's organizational skills. People our noticing that CWPASCNA is a model Area Service Committee.
- Charlie H. inquired about starting a new meeting in the Franklin area.
- Nick offered a suggestion that Cochran Cares has clean time requirements for their service positions. This insures the quality of service and also gives new homegroup members a goal to achieve.
- Michael G. shared about maintenance drugs, Hospitals & Institutions, and the pamphlet NA Groups & Medication.
- Brenda M. shared an experience where an addict that shared a clean date with her, but was using drug replacement therapy for her opioid dependence. She was happy to report that her clean date buddy just got off the maintenance medication!
- Christina H. shared her positive experience with drug replacement therapy.
- Kristy M. elaborated regarding the pamphlet mentioned by Michael
- John H. shared that meetings must happen ***no matter what!*** If you can't open your meeting amongst your home group members, someone needs to call until your homegroup can be open. Keeping the doors open is a very important service commitment that homegroup members assume and it is not to be taken lightly. It could literally mean the difference between life and recovery or death to any addict.
- Justin H. shared an instance where Monday Night failed to happen due to miscommunication. He also shared that several addicts made sure the meeting happened anyways and it was great meeting!

## ***Good of the Order***

- Katrina V. wondered about what should be done about the 20 years of H&I records in her possession. It was decided that only meeting minutes should be saved, digitized, and preserved for perpetuity.
- PO box keys will be given to the newly elected trusted servants, Troy S. | Vice Chair and John H. | Secretary. This must be noted in the minutes to ensure that we are keeping track of who possesses the keys to the PO Box.

<b>PO Box Keys</b>	
PO Box Key Set One (1)	Katrina V.
PO Box Key Set Two (2)	Lorrie S.

- Kristy M. noted that she was leaving her position as the NAWS Web Update contact. The information will be passed to the Secretary to be stored until such time that a willing addict fills the position.

## ***Closing Statement***

### **Area Chair Report**

#### **Katrina V. | CWPASCNA Area Service Committee Chair**

"I want to thank all of you for allowing me to serve you as Area Chair for the past year. It has been an honor to serve in this position and to serve with all of you.

As most of you know, this will be my last service position with CWPASCNA. I have served this area for almost 21 year and I have learned so much over the years. Service has truly been a huge part of my recovery. I have received so many gifts as a result of

staying in the middle of this fellowship and helping fellow addicts. My sponsor taught me well and my hope is that I have done the same with the women that I sponsor and that I have served with.

My hope is that this area will continue to thrive and that only happens if people serve. I want to thank all of you for your dedication to service. I will be starting a new chapter of my recovery in Arizona but this area and all of you will always have a special place in my heart because this is where my life began. Thank you so much for being such a large part of my journey.

Thank you for allowing me to serve."

**Closing**

The meeting was closed with the "Ties that Bind"

*Meeting Minutes compiled by John H.*  
*Thanks for letting me serve!*

**NEXT CWPASCNA AREA SERVICE COMMITTEE MEETING:**  
**Saturday, April 1<sup>st</sup>, 2017 at 10a**  
**1<sup>st</sup> Presbyterian Church**  
**890 Liberty Street**  
**Meadville PA 16335**

<b>CWPASCNA ASC   March 2017   Attendance</b>			
Please Note this only reflects those who signed in!			
Name	E-Mail	Phone	Group/Position
Katrina V.			ASC   Chair
Brenda M.			Visitor   LCASCNA
John H.			GSR   Saturday 12 & 12
Kristy M.			RCM
Christina H.			GSR   Monday Desire to Recover
Lorrie S.			ASC   Secretary
Lesa B.			GSR   Alternate Wednesday We Care
Heather A.R.			Visitor   Wednesday United Freedom
Justin H.			GSR   Monday Night Come & Get It
Charlie H.			GSR   Sunday Night Get It Right
Nick McE.			GSR   Cochranon Cares
Chris P.			GSR   Friday Recovery First
Patty S			Visitor
Michael G.			GSR   Wednesday United Freedom
Jacquie S.			GSR   Celebrate Recovery
Chris N.			GSR   Sunday Just for Today
Tai D.			GSR   Alternate Sunday Just for Today
Jeff A.			GSR Monday Miracles
Hannah T.			Literature Chair
Tony V.			GSR   Saturday 12&12